



WINTER 2020

CROCUS NEWS

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PHYSIOTHERAPIST

Alex Newton

Holds a clinic at the surgery each week seeing patients who suffer from:

Neck Pain

Back Pain

Shoulder Pain

Elbow Pain

Hand Pain

Hip Pain

Knee Pain

Ankle Pain

Make an appointment at reception.

Update on Surgery Staff

- ❖ Dr Choudhry will sadly be leaving us in March. We wish him well for the future .
- ❖ Congratulations to Dr Lindford who will be going on Maternity Leave mid March.
- ❖ We have also recruited 2 new GP's Dr Satyen Singhai and Dr Nicola Howard.
- ❖ We continue to have medical students three times a year
- ❖ We also have two registrars – Dr Gohar Saeed and Dr Arham Munawar.
- ❖ For information on Doctors and staff please see our website <https://www.crocusmedicalpractice.nhs.uk/staff1.aspx>



FLU VACCINATIONS

Appointments are still available to book -Please contact the surgery if you are over 65 or in one of the 'AT RISK' groups.

Patients suffering from Chronic Disease or Cancer.

Frontline Health Workers, Carers

We also offer the Shingles and Pneumovax vaccinations.

- ❖ Patients can have online access to:
- ❖ Booking appointments
- ❖ Ordering prescriptions
- ❖ Just ask at Reception to complete a form!



If you are caring for someone please let our Reception team know.





Evening & Weekend GP and nurse appointments

- ❖ You can now see a GP on Monday & Wednesday evenings and on Saturday during the day at Saffron Walden Community Hospital, to book an appointment please contact Reception .
- ❖ *Please note: This service is for ROUTINE appointments only - it is not a walk-in-centre. More information can be found on <http://www.hucweb.co.uk/services/gp-out-of-hours>*

Surgery Information:

- ❖ The Surgery is pleased to announce that we will be moving to the Hospital site , hopefully sometime in September/October 2020 . We will be doubling the amount of consultation & treatment rooms. There will also be an additional 25 car parking spaces.
- ❖ We are still continuing to Navigate patients to the correct clinician , this is helped by our receptionists asking for a brief description of your problem .
- ❖ We now only have one number for the Surgery which is the main surgery number 01799 522327.
- ❖ The Surgery has a Patient Participation Group where surgery issues are discussed . If you would be interested in joining please complete the form on our website or ask for a form at reception..



Fill out a form at reception to join our new appointment reminder texting system!

Extended Hours

The practice is always open for extended hours surgeries every Tuesday between 18:30 and 20:00 and every Friday morning between 07.00 and 08.00.

Please note the Surgery telephone lines and the dispensary are not open during the above times.

They **are not** intended for emergencies after normal opening hours so please contact NHS111 in such situations.